

Sacred Heart Parish

8th February 2026 – 5th Sunday in Ordinary Time

FR BRIAN'S PRAYER & REFLECTION



PRAYER PLAYS AN ESSENTIAL PART IN THE CHRISTIAN LIFE (*Part one*)

Through prayer, we grow in relationship with God. This powerful communication invites us to engage in intimate conversation with the Father, the Son, and the Holy Spirit and can be as simple as any conversation we might have with someone we love. And yet, anyone who has tried to pray consistently knows that prayer can also feel hard, mysterious, or even intimidating. At times, it becomes something we avoid because we don't quite understand how to pray or because we lack the motivation to begin. Saints across the centuries have referred to this experience as a dark night of the soul, a spiritual emptiness that can make prayer feel impossible.

It is a difficult place to find oneself: a prayer desert where even the desire to pray seems elusive. The silence feels heavy. The words won't come. What was once a comfort and delight now feels manufactured. This experience, though deeply personal, is far more common than we believe. That is why it is so important to talk about it so that we do not fear we are alone or somehow spiritually weak because we struggle to pray. Its common and normal AND SOME OF THE GREAT SAINTS EXPERIENCE THE SAME PAIN WE HAVE WHEN WE TRY TO PRAY WITHOUT DISTRACTION .Source Eucharistic Revival.

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MISSIONARIES WITHOUT A BOAT *(Part one)*



Madeleine Delbrêl was Born in France in 1904, Delbrêl was intellectually gifted and culturally engaged. She studied literature, philosophy, and art at the Sorbonne and lived with an independence unusual for her time. By the age of fifteen, she had declared herself an atheist, convinced that life was ultimately absurd. "God is dead," she wrote, "long live death." Personal losses and disappointments followed—her father's blindness, her parents' separation, and her fiancé's entrance into the Dominican religious order. These events plunged her into a long depression. She began to pray. Later she would simply say

God found ME



This encounter transformed her. God was a living presence—someone to love. Delbrêl discovered that her vocation was among "the ordinary people of the street." She trained as a social worker and took a government job coordinating social programs. In 1933 she founded a house of hospitality in Ivry-sur-Seine, a working-class suburb of Paris dominated by communist ideology. There she and two other women companions, lived a life of chastity, simplicity, and radical availability amid poverty, unemployment, and ideological hostility to faith.

Delbrêl said they were "missionaries without a boat," not called to leave their surroundings with its challenges but to inhabit it fully, believing that every place could become holy ground. She engaged with Marxist thought and wrote penetrating analyses of atheism and secular culture.

What makes Madeleine Delbrêl distinctive as a spiritual guide is that she lived the integral Catholic vision of "pray always" (see 1 Thess 5:17) by living attentively to God's presence amid ordinary circumstances and daily demands. This vision resonates with the teaching of Vatican II in Lumen gentium, which proclaimed the universal call to holiness: all the baptized are called to sanctity not by withdrawing from the world but by living faithfully within it (see LG, no. 39–41).

THE VISION *of* SACRED HEART PARISH, INGLEWOOD IS:

Parish communities empowered by the Holy Spirit to grow in faith, hope and love.

Ngā Hāpori Pariha i whakamanahia e te wairua tapu
ki te tupu i roto i te whakapono, te tūmanako me te aroha.

PLEASE PRAY FOR OUR DECEASED RELATIVES AND FRIENDS: Dick Wisnewski, Joseph O'Neill, Mick Potroz, Fr James McLaughlin, Mary Potroz, Bill Karalus, Fr Anthony Ford, Peter Coombe, Michael Watson
We remember in our prayers: All those who are unwell in our Parish, those who are caring for sick loved ones and those who are still living in their own homes, the lonely, the elderly, those suffering Bereavements and all Parishioners in Rest Homes and Hospitals.

UPCOMING WEDDING

Thomas Smith
&
India McJarrow-Keller

Would like to invite all our parishioners to their wedding on Saturday 14th February at 1pm. This will be held here at Sacred Heart Parish.

They are opening the mass up to the church community for anyone who would like to come.

If you are coming, can you please arrive 15-20 minutes early to ensure everyone finds their seats in time.

PLANNED GIVING: If anyone is interested in going on planned giving or would like more information on planned giving, then please give Nicky a call in the parish office – 756 7164 or email her on shparish@xtra.co.nz

FACEBOOK PAGE: We are on Facebook - Sacred Heart Parish, Inglewood. Follow our page and keep up to date on what's happening in our parish.

NOTICE BOARD & FOYER TABLE: Don't forget to look at the notice board and foyer table. The notices and posters are changing all the time

NEWSLETTERS: If you would like to receive our newsletters via email, please email me on shparish@xtra.co.nz, so I can add you to our mailing list.

SUNLIGHT GOSPEL REFLECTION
by Fr. Brian Carmine



It lights up our days, it keeps us warm and is showers us with the Vitamin D that helps our bodies absorb calcium, iron, magnesium, phosphate and zinc. We take it for granted that the sun is just going to keep on shining… But what if it didn't? Could we survive on planet Earth without the rays of the sun beating down on us? Put simply, the answer is no. Here's why: Farewell to photosynthesis no plants food, animals humans

According to Genesis 1:3-5, God created light on the first day of creation, specifically by commanding, "Let there be light," which separated the light from the darkness. This initial, supernatural light existed before the sun, moon, and stars, which were created later on the fourth day.

Jesus desires that we become walking lighthouses a perpetual ray of hope and light that is a magnetic to other p[people, in other words if we live the light of Christ to the fullest people will want and desire the gold we have, not mineral gold, but the richness of the Gold of Christ Jesus. Jesus desires us to be beacons of goodness and love not concerned with mere things, but sharing spiritual treasures drawing people to Jesus.

Our Schools are all back and have hit go. Both schools had upgrades in the holidays St Patricks has had a complete paint job inside and out and new carpet in entrance. Some old trees were removed for safety since their branches had become tired and were falling to the ground. At St Joseph's Waitara they too have had more painting, water blasting. They have an additional class from last year, and have had major tree pruning and flax removal so that a new boundary fence can be built during the year. They have celebrated their first Mass with Pōwhiri. Fr. Brian

PARISH CONTACTS

23 Standish Street, PO Box 109, Inglewood Phone: 756 7164 or 027 672 2514
Email: shparish@xtra.co.nz

Parish Priest: Fr. Brian Carmine – 756 7164 or 027 516 3758
Secretary / Administrator / Parish Planned Giving: Nicky Kuklinski – 756 7164
Parish Office Hours: Monday - Thursday 9am – 12noon, Friday 12noon – 3pm
Donations: If you would like to make a donation to our Church, you can use the following details:
Bank: Sacred Heart Parish Account Inglewood Bank: BNZ, Palmerston North
Account Number: 02-0630-0288002-011 Reference: Your name
(If you would like a receipt, can you please email the Parish Office)

PARISH CONTACT PEOPLE

Parish Prayer Support (Prayer Line): Theresa Gibbon – 756 8349
Parish Hall Hire & Religious Stall: Parish Office – 756 7164
Gluten Free Hosts: Nicky Kuklinski – 027 672 2514
Floral Arrangement Roster: Tess Johnston – 756 8452
St Patrick's School Principal: April Baylis – 756 7908, email: office@stpatsinglewood.school.nz
Foodbank: Open at Forrestal House on Fridays – 9.30am – 10.30am.



INGLEWOOD

SUNDAY MASS TIMETABLE

Sunday 10.30am

CHILDREN'S LITURGY

Sunday 10.30am

WEEK DAY MASS TIMETABLE

Tuesday 9.00am
Thursday 10.00am
Saturday 9.00am *Every 1st, 3rd & 5th Saturday*

BENEDICTION & RECONCILIATION

Saturday 8.30am *Every 1st, 3rd & 5th Saturday*

BAPTISMS (INGLEWOOD): 1st Sunday of every month (except January). For more information contact Fr. Brian or the Parish Office

WAITARA

SUNDAY MASS TIMETABLE

Sunday 9.00am *Every Sunday*

CHILDREN'S LITURGY

Sunday 9.00am *Every Week*

WEEK DAY MASS TIMETABLE

Exposition of the Blessed Sacrament takes place for 30 minutes as shown below (before or after)

Tuesday	9.00am	Liturgy of the Word	*(after)*
Wednesday	5.30pm	Mass	*(before)*
Thursday	9.00am	Liturgy of the Word	*(after)*
Friday	9.00am	Mass	*(after)*
Saturday	9.00am	Every 2nd & 4th Saturday	*(before)*
Saturday	9.00am	Liturgy of the Word	*(after)*

All other Saturday's

RECONCILIATION

Saturday 8.30am *Every 2nd & 4th Saturday*

MOKAU

Saturday 5.00pm 7th February

NGA PEKANGA

Sunday 10.30am 8th February

BAPTISMS (WAITARA): 2nd Saturday of every month (except January). For more information contact Fr. Brian or the Parish Office

SCRIPTURE READINGS

8th February – Psalm Response: A light rises in the darkness for the upright.
Isaiah: 58.6-10 **Corinthians:** 2.1-5 **Matthew:** 5.13-16
15th February – Psalm Response: Happy are they who follow the law of the Lord!
Sirach: 15.15-20 **Corinthians:** 2.6-10 **Matthew:** 5.17-37

SUNDAY MINISTRIES

	This Week Sun 8th February	Next Week Sun 15th February
Readers	Christiane McIntyre Sue Duoba	Marg Evans Mike Davey
Prayers of Faithful		Mark Duynhoven
Presentation of Gifts	Lyn Potroz Cecelia Stachurski	Theresa Gibbon Mary Coombe
Communion Ministers	Joy Woodward Dennis Dravitzki Vonna Parsons	Christiane McIntyre Ngaire Dravitzki Terry Dravitzki
Altar Servers	Chloe Josh	Blake Isaac. R
Music	Music Group	Music – Sue Marsh
Power Points	Nicky	Mark
Counters	Stan Duoba Sue Duoba	Dennis Dravitzki Chris Werder
Cup of Tea	Maureen Young	Maree & Alan Gibbins
Church Cleaning	Leo & Liz Bennett 6 / 7 January	Bernadine Minnear & Veronica Hinz 13 / 14 February

Mass Readings for the Fifth Sunday in Ordinary Time, Year A

First Reading – Isaiah 58:7-10: By sharing with the hungry, sheltering the oppressed, and clothing the naked, one finds healing and God's presence. Helping others brings light in darkness.

Responsorial Psalm – Psalm 112: A good person is kind, honest, and generous. He trusts in God and is steady, not fearing bad news. He helps the poor and is honored forever.

Second Reading – 1 Corinthians 2:1-5: I came to you with fear and weakness, focusing only on Jesus Christ. My message showed the Spirit's power, so your faith would be in God's power, not human wisdom.

Gospel – Matthew 5:13-16: Jesus told his disciples to be the salt and light of the world, showing their good works to others to glorify God in heaven.

READINGS FOR NEXT WEEK - Sixth Sunday of Ordinary Time

3 Days till Ash Wednesday - 18th February

1st Reading: Sirach 15.15-20

If you choose you can keep the commandments, they will save you; if you trust in God, you too shall live; he has set before you fire and water to whichever you choose, stretch forth your hand.
Before man are life and death, good and evil, whichever he chooses shall be given him.
Immense is the wisdom of the Lord; he is mighty in power, and all-seeing.
The eyes of God are on those who fear him; he understands man's every deed.
No one does he command to act unjustly, to none does he give license to sin.

Responsorial Psalm

Blessed are they whose way is blameless, who walk in the law of the LORD.
Blessed are they who observe his decrees, who seek him with all their heart.
R. Blessed are they who follow the law of the Lord!

You have commanded that your precepts be diligently kept.
Oh, that I might be firm in the ways of keeping your statutes!
R. Blessed are they who follow the law of the Lord!

Be good to your servant, that I may live and keep your words.
Open my eyes, that I may consider the wonders of your law.
R. Blessed are they who follow the law of the Lord!

Instruct me, O LORD, in the way of your statutes, that I may exactly observe them.
Give me discernment, that I may observe your law and keep it with all my heart.
R. Blessed are they who follow the law of the Lord!

2nd Reading: Corinthians 2:6-10

Brothers and sisters: We speak a wisdom to those who are mature, not a wisdom of this age, nor of the rulers of this age who are passing away. Rather, we speak God's wisdom, mysterious, hidden, which God predetermined before the ages for our glory, and which none of the rulers of this age knew; for, if they had known it, they would not have crucified the Lord of glory. But as it is written: What eye has not seen, and ear has not heard, and what has not entered the human heart, what God has prepared for those who love him, this God has revealed to us through the Spirit. For the Spirit scrutinizes everything, even the depths of God.

Gospel: Matthew 5.17-37

"Do not think that I have come to abolish the Law or the Prophets; I have not come to abolish them but to fulfill them. For truly I tell you, until heaven and earth disappear, not the smallest letter, not the least stroke of a pen, will by any means disappear from the Law until everything is accomplished. Therefore anyone who sets aside one of the least of these commands and teaches others accordingly will be called least in the kingdom of heaven, but whoever practices and teaches these commands will be called great in the kingdom of heaven. For I tell you that unless your righteousness surpasses that of the Pharisees and the teachers of the law, you will certainly not enter the kingdom of heaven.
"You have heard that it was said to the people long ago, 'You shall not murder, and anyone who murders will be subject to judgment.' But I tell you that anyone who is angry with a brother or sister will be subject to judgment. Again, anyone who says to a brother or sister, 'Raca,' is answerable to the court. And anyone who says, 'You fool!' will be in danger of the fire of hell.
"Therefore, if you are offering your gift at the altar and there remember that your brother or sister has something against you, leave your gift there in front of the altar. First go and be reconciled to them; then come and offer your gift.
"Settle matters quickly with your adversary who is taking you to court. Do it while you are still together on the way, or your adversary may hand you over to the judge, and the judge may hand you over to the officer, and you may be thrown into prison. Truly I tell you, you will not get out until you have paid the last penny.
"You have heard that it was said, 'You shall not commit adultery.' But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart. If your right eye causes you to stumble, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell. And if your right hand causes you to stumble, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to go into hell.
"It has been said, 'Anyone who divorces his wife must give her a certificate of divorce.' But I tell you that anyone who divorces his wife, except for sexual immorality, makes her the victim of adultery, and anyone who marries a divorced woman commits adultery.
"Again, you have heard that it was said to the people long ago, 'Do not break your oath, but fulfill to the Lord the vows you have made.' But I tell you, do not swear an oath at all: either by heaven, for it is God's throne; or by the earth, for it is his footstool; or by Jerusalem, for it is the city of the Great King. And do not swear by your head, for you cannot make even one hair white or black. All you need to say is simply 'Yes' or 'No'; anything beyond this comes from the evil one.

ROSARY AT FORRESTAL LODGE

Every Tuesday at 7pm. Entry is through the sliding door. Everyone is welcome.

MEN'S DINNER - INGLEWOOD

Sunday 8th February at 6.00pm at Fern Lodge, Inglewood. Please ring Fr. Brian before noon on the Sunday so he can book the restaurant.

PARISH COUNCIL MEETING

Tuesday 10th February at 10.00am

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Tuesday 10th February at 10.00am

FORRESTAL LODGE AGM

Sunday 15th February at 11.30am

ASH WEDNESDAY

Wednesday 18th February
Mass at 10.15am - Inglewood
Mass at 5.30pm – Waitara

WORKS & FINANCE MEETING

Sunday 22nd February at 11.30am

ICE CREAM SUNDAY

Catholic Women's League members are holding this on Sunday 22nd February following Sunday Mass. Please make a donation for our Mission Community at the Solomon Islands.

FR BRIAN IS ON HOLIDAY

Fr. Brian will be away from the 24th February to 8th March

WORLD DAY OF PRAYER

Catholic Women's League members will host this in our Church on Friday 6th March at 10.00am The Christian women of Nigeria have written up the programme this year. Everyone is welcome to join us along with members of the combines Churches of Inglewood. There will be a collection taken up.

CATHOLIC WOMEN'S LEAGUE MEETING

This will be after the World Day of Prayer

ST PATRICK'S DAY

Tuesday 17th March, time to be confirmed

FEAST OF ANNUNCIATION

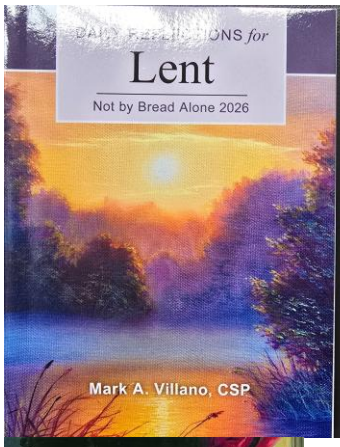
Wednesday 25th March, time to be confirmed

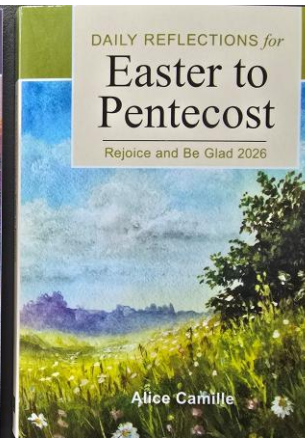
Thank you for visiting our church here in Inglewood. You and your family are always welcome at regular Liturgies/Mass or for just a private time before the Lord. **CHURCH OPENING HOURS:** The Church is open daily from 8am – 4pm, except for Sunday's which the Church will be closed after Mass. If you would like to get into Church outside of these hours, can you please give Nicky a call on 027 672 2514.

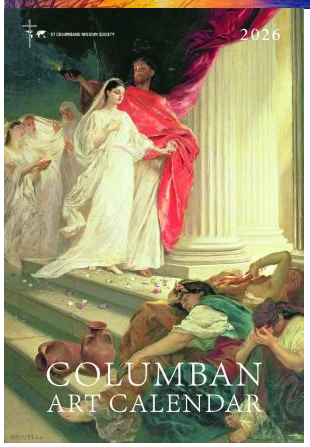
DONATIONS COLLECTION

Sunday 1st February

Parish	$412.23
Clergy Trust Fund	$152.47







2026 Columban Calendars, $13 each

Daily Reflections for Lent, $8 each

Daily Reflections for Easter to Pentecost, $8 each

These can be purchased from the Parish Office. Text or email Nicky to buy yours, 027 672 2514 or shparish@xtra.co.nz.

Please note: Once these have sold out, we won't be able to get any more in, so be quick, so you don't miss out.



PALM SUNDAY

Sunday 29th March, Mass at 10.30am

CHRISM MASS – PALMERSTON NORTH

Tuesday 31st March, time to be confirmed

HOLY THURSDAY

Thursday 2nd April at 7.00pm
This Mass will be combined with St Joseph's Parish Waitara and held here in Inglewood

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GOOD FRIDAY

Friday 18th April at 1.30pm

EASTER VIGIL

Saturday 19th April at 7.00pm
This Mass will be combined with St Joseph's Parish Waitara (parish to be confirmed)

EASTER SUNDAY

Sunday 20th April at 10.00am
This Mass will be combined with St Joseph's Parish Waitara (parish to be confirmed)