

Sacred Heart Parish

8th March 2026 – 3rd Sunday of Lent

FR BRIAN'S PRAYER & REFLECTION



Holiness Habit

Jesus said, "When you are praying, do not heap up empty phrases as the Gentiles do; for they think that they will be heard because of their many words." (Matthew 6:7) It's also why God said through the psalmist, "Be still, and know that I am God!" (Psalm 46:10) Both are God's polite way of saying, "Please shut up, just for a moment."

The essence of prayer is silence—which douses the ego as surely as water does fire. It also creates a space into which a host of other good and selfless habits can flow.

So, the first thing you need to do this Lent is to find some time to be silent.

One good way to do this is through generosity toward others. Generosity enables us to rise above ourselves and to live, as St. Ignatius of Loyola said, as a person for others.

Remember, when Jesus proclaimed that the kingdom of God was in our midst, he wasn't saying it was tucked away inside of us; he was saying it was within reach. To grasp something within reach, we must reach out; we must also reach out in order to give. By extending ourselves, we lose ourselves and gain a new life simultaneously. Isn't that cool.

This article for your Lenten reflection is based on the book Under the Influence of Jesus: The Transforming Experience of Encountering Christ.

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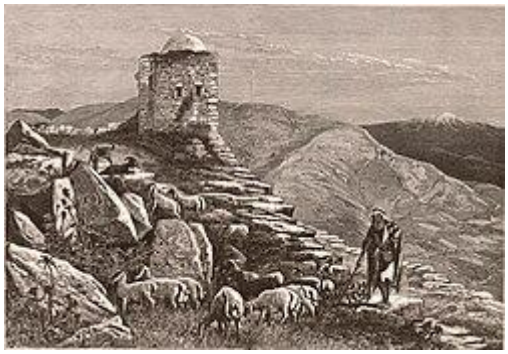
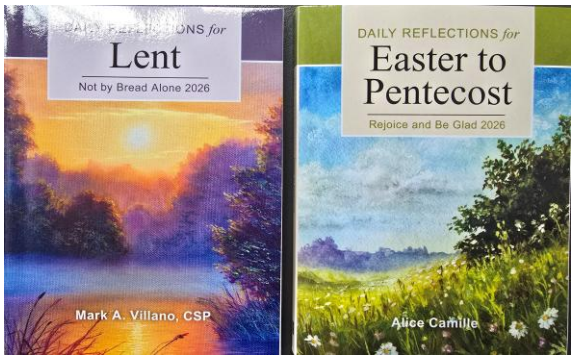
A Short history of the creation of Israel and Judah



The twelve tribes of Israel split during the 10 century BCE. (Before the common Era) Two nations were created Israel and Judah. They often thought against each other and were often invaded by foreign countries.

In 722 political , religious differences beginning after the Assyria conquest of the northern kingdom. Jews describes Samaritans as unclean due to intermarriage with foreigners. The creation of a different temple on Mt Gerizim caused total social segregation. So now there were two temples one on Mt Gerizim and one in Jerusalem. Eventually the temple on Mt Gerizim was destroyed in 111-111BCE by the Jews from Jerusalem and mistrust for each other was still presence in the time of Jesus . Fr Brian



Daily Reflections for Lent,
$8 each

Daily Reflections for Easter to Pentecost,
$8 each

SACRAMENT OF CONFIRMATION 2026

Confirmation 2026 welcomes all students in years 11 – 13.
Registrations open on Monday 2nd February 2026 and close on Friday 20th March 2026.

For more information regarding the dates and sessions, please visit
www.catholicparishnp.nz/confirmation-enrollment

To register, just scan the QR code located on the Sacrament of Confirmation poster in the foyer, or find the link on The Catholic Parish of New Plymouth's website.



THE VISION *of* SACRED HEART PARISH, INGLEWOOD IS:

Parish communities empowered by the Holy Spirit to grow in faith, hope and love.

**Ngā Hāpori Pariha i whakamanahia e te wairua tapu
ki te tupu i roto i te whakapono, te tūmanako me te aroha.**

PLEASE PRAY FOR OUR DECEASED RELATIVES AND FRIENDS: Eileen Fife, Edna Kovaleski, Shaun Lobb, Carolyn Butler, Marie Werder, Joseph (Ron) Dravitzki, Christine Carnachan, Violet Dodunski, Val Dravitzki

We remember in our prayers: All those who are unwell in our Parish, those who are caring for sick loved ones and those who are still living in their own homes, the lonely, the elderly, those suffering Bereavements and all Parishioners in Rest Homes and Hospitals.

Our prayers and sympathy go to Terry & Nancy Leahy on the death of Terry's brother David Leahy. David passed away in Australia last week. May he rest in peace.

Join a pilgrimage to Medjugorje from 05-18 June 2026. Experience Our Lady's presence on a 'Medjugorje In-Depth' pilgrimage and a fulfilling 10 night stay in the holy valley. Booking now. Contact Patricia at www.mirpilrimages.co.nz | E: info@mirpilgrimages.co.nz | Mob: 027 352 5217.



We would like to start up a youth group here in Inglewood. Would anyone be interested in running this for us? If you are, or if you would like more information, please see Nicky in the parish office.

HANDYMAN WANTED

We are looking for someone that could make some us some backyard games – Connect 4, jenga, ring toss.
If this sounds like you, can you please contact Nicky in the parish office.

Also, does anyone have a table tennis table that they no longer require.



DONATIONS COLLECTION - Sunday 1st March

Parish	$402.96
Clergy Trust Fund	$149.04

PARISH CONTACTS

23 Standish Street, PO Box 109, Inglewood Phone: 756 7164 or 027 672 2514
Email: shparish@xtra.co.nz

Parish Priest: Fr. Brian Carmine – 756 7164 or 027 516 3758
Secretary / Administrator / Parish Planned Giving: Nicky Kuklinski – 756 7164
Parish Office Hours: Monday - Thursday 9am – 12noon, Friday 12noon – 3pm
Donations: If you would like to make a donation to our Church, you can use the following details:
Bank: Sacred Heart Parish Account Inglewood Bank: BNZ, Palmerston North
Account Number: 02-0630-0288002-011 Reference: Your name
(If you would like a receipt, can you please email the Parish Office)

PARISH CONTACT PEOPLE

Parish Prayer Support (Prayer Line): Theresa Gibbon – 756 8349
Parish Hall Hire & Religious Stall: Parish Office – 756 7164
Gluten Free Hosts: Nicky Kuklinski – 027 672 2514
Floral Arrangement Roster: Tess Johnston – 756 8452
St Patrick's School Principal: April Baylis – 756 7908, email: office@stpatsinglewood.school.nz
Foodbank: Open at Forrestal House on Fridays – 9.30am – 10.30am.



INGLEWOOD

SUNDAY MASS TIMETABLE

Sunday 10.30am

CHILDREN'S LITURGY

Sunday 10.30am

WEEK DAY MASS TIMETABLE

Tuesday 9.00am
Thursday 10.00am
Saturday 9.00am *Every 1st, 3rd & 5th Saturday*

BENEDICTION & RECONCILIATION

Saturday 8.30am *Every 1st, 3rd & 5th Saturday*

BAPTISMS (INGLEWOOD): 1st Sunday of every month (except January). For more information contact Fr. Brian or the Parish Office

WAITARA

SUNDAY MASS TIMETABLE

Sunday 9.00am *Every Sunday*

CHILDREN'S LITURGY

Sunday 9.00am *Every Week*

WEEK DAY MASS TIMETABLE

Exposition of the Blessed Sacrament takes place for 30 minutes as shown below (before or after)

Tuesday	9.00am	Liturgy of the Word	*(after)*
Wednesday	5.30pm	Mass	*(before)*
Thursday	9.00am	Liturgy of the Word	*(after)*
Friday	9.00am	Mass	*(after)*
Saturday	9.00am	Every 2nd & 4th Saturday	*(before)*
Saturday	9.00am	Liturgy of the Word	*(after)*

All other Saturday's

RECONCILIATION

Saturday 8.30am *Every 2nd & 4th Saturday*

MOKAU

Saturday 5.00pm 14th March

NGA PEKANGA

Sunday 10.30am 8th March

BAPTISMS (WAITARA): 2nd Saturday of every month (except January). For more information contact Fr. Brian or the Parish Office

SCRIPTURE READINGS

8th March – Psalm Response: If today you hear God's voice, harden not your hearts.
Exodus: 17.3-7 **Romans:** 5.1-2, 5-8 **John:** 4.5-42
15th March – Psalm Response: The Lord is my shepherd; there is nothing I shall want.
Samuel: 16.1, 6-7, 10-13 **Ephesians:** 5.8-14 **John:** 9.1-41

SUNDAY MINISTRIES

	This Week Sun 8th March	Next Week Sun 15th March
Readers	Steve Morice Joy Woodward	Vonna Parsons Sophie Chow
Prayers of Faithful	Volunteer	Christiane McIntyre
Presentation of Gifts	Pauline Schimanski	D'Ath Family
Communion Ministers	Alan Spurdle Joy Woodward Dennis Dravitzki	Tanius D'Ath Olly D'Ath Chris Werder
Altar Servers	Blake Isaac	Josh Emily
Music	Music Group	Music – Sue Marsh
Power Points	Mark	Nicky
Counters	Christiane McIntyre Mike Crofskey	Dennis Dravitzki Chris Werder
Cup of Tea	Maureen Young	D'Ath Family
Church Cleaning	Tony & Denise Dravitzki 6 / 7 March	Denys & Elsye Beckett 13 / 14 March

Mass Readings for the 3rd Sunday of Lent, Year A

First Reading – Exodus 17:3-7: The Israelites, thirsty and doubting God's presence, quarrel with Moses. God instructs Moses to strike a rock at Horeb, miraculously providing water, and the place is named "Massah" and "Meribah."
Responsorial Psalm – Psalm 95: Let us joyfully sing and worship the Lord, our creator and shepherd. I urge openness to His voice today, unlike our ancestors who hardened their hearts despite witnessing His works.
Second Reading – Romans 5:1-2, 5-8: Through faith, we are made right with God, gaining peace and the hope of sharing His glory. God's love, given through the Holy Spirit, affirms this hope, shown in Christ dying for us as sinners.
Gospel – John 4:5-42: In Samaria, Jesus met a Samaritan woman at Jacob's well. He asked her for water, leading to a conversation about "living water" offering eternal life. Jesus's insight into her life convinced her of his prophetic nature. He revealed the future of worship transcending locations, focusing on Spirit and truth. Declaring himself the Messiah, his interaction led many Samaritans to believe in him as the Savior of the world.

ROSARY AT FORRESTAL LODGE
Every Tuesday at 7pm. Entry is through the sliding door. Everyone is welcome.

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PRAYER GROUP with ADORATION
Every Thursday from 9 am-10am.

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MEN'S DINNER - INGLEWOOD
Sunday 8th March at 6.00pm at Fern Lodge, Inglewood. Please ring Pat Kuklinski, 021 047 1074 before noon on the Sunday so he can book the restaurant.

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FORRESTAL LODGE WORKING BEE
Monday 9th March, 9am – 12 noon. A list of what needs to be done is on the notice board. There will also be a copy for anyone to take on the foyer table.

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STATIONS OF THE CROSS
Wednesday 11th March at 7.00pm
Then on the 18th, 25th March & 1st April

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LENT WEBINER SERIES 2026
Wednesday 11th March after Stations of the Cross.
Then on the18th, 25th March & 1st April

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WORKS & FINANCE MEETING
Sunday 15th March at 11.30am

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ST PATRICK'S DAY
Tuesday 17th March, time to be confirmed

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PARISH COUNCIL MEETING
Tuesday 17th March at 10.00am

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FEAST OF ANNUNCIATION
Wednesday 25th March, time to be confirmed

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CATHOLIC WOMEN'S LEAGUE MEETING
Thursday 2nd April at 10am.

NOTICE BOARD & FOYER TABLE

Planned Giving Envelopes
The new ones are on the foyer table today.

Ministries for Mass Roster – March/April
This is on the foyer table for you to collect.

Don't forget to look at the notice board and foyer table. The notices and posters are changing all the time

Each Sunday throughout Lent we will be bringing up one item that is a symbol of Lent.

This week we will bring up the colour Violet (deep purple).

Violet is the liturgical colour of the season and symbolizes its repentant character, as well as Christ as the King of the world. (Deep purple was a colour reserved for royalty in Jesus' time.)



PALM SUNDAY
Sunday 29th March, Mass at 10.30am

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CHRISM MASS – PALMERSTON NORTH
Tuesday 31st March, time to be confirmed

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HOLY THURSDAY
Thursday 2nd April at 7.00pm
This Mass will be combined with St Joseph's Parish Waitara and held here in Inglewood

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GOOD FRIDAY
Friday 3rd April at 1.30pm

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EASTER VIGIL
Saturday 4th April at 7.00pm
This Mass will be combined with St Joseph's Parish Waitara and held in Waitara

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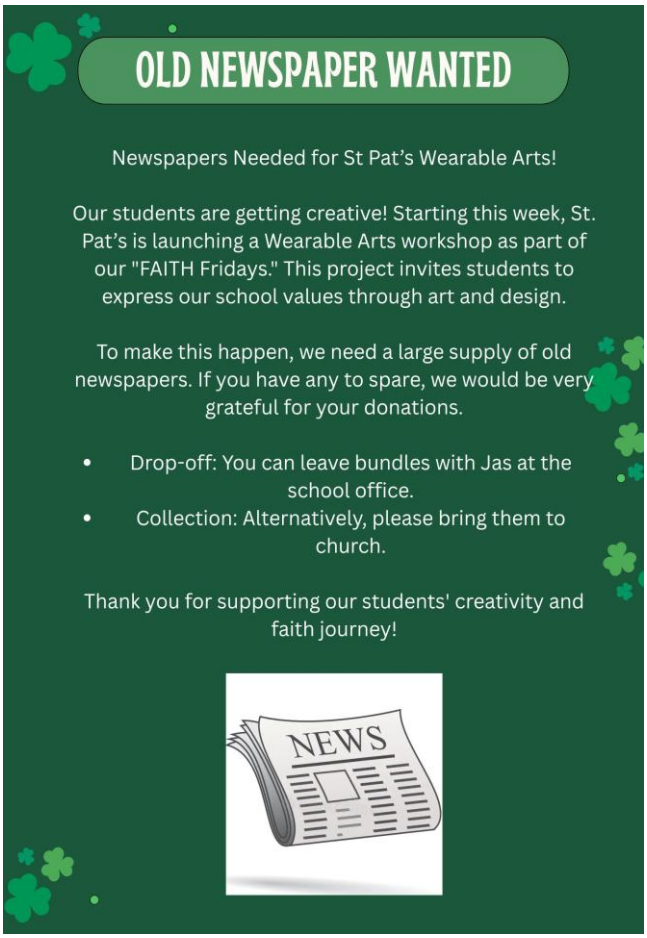
EASTER SUNDAY
Sunday 5th April at 10.00am
This Mass will be combined with St Joseph's Parish Waitara and held here in Inglewood

The 'Ministries for Holy Week' sheet is on the foyer Table today, so if you would like to be involved in a Ministry over Easter please put your name down. We will need some parishioners for ministries for Easter Vigil in Waitara as well.



FROM THE DIOCESE OF PALMERSTON NORTH

Pilgrimage to Hiruhārama | Saturday 11 April 2026: A new date has been confirmed, and we are continuing to take expressions of interest for our second pilgrimage to Hiruhārama. We look forward to sharing this beautiful journey of faith together. If interested, email bishop-pa@pndiocese.org.nz with your name, parish and phone number.

World Youth Day 2027 | Seoul, South Korea: Young adults aged 18 – 35 are invited to attend WYD27, where millions of young Catholics will gather. The NZ bishops aim to bring 500 young people.
Fill out the expression of interest form at
https://docs.google.com/forms/d/e/1FAIpQLScfUWcTPgzkxtwlH86NPEnHqvdt2scpc1nkj_4WjzGrbx4WKQ/viewform

Diamond Jubilee - The Catholic Parish of Wellington South: All former and current parishioners are invited to a celebration of several historical milestones on Sunday, 19 April 2026. The first Catholic church, St Francis de Sales Church, Island Bay, was built in 1906, 120 years ago, and the current church was blessed and opened on 17 April 1966, 60 years ago. The weekend of celebration will also acknowledge 100 years since the opening of the St Madeleine Sophie primary school, the forerunner of the current primary school of St Francis de Sales. A special Mass of remembrance and thanks featuring past and present priests will be followed by a lunch at the Pines Cabaret, Houghton Bay. Registrations of interest are welcomed by providing contact details at:
office@wellingtonsouthcatholic.org

Submissions on Liturgical Posture in the Diocese still open: If you haven't had a chance to email Bishop John around the issue of Liturgical Posture in the Diocese, the deadline for submissions has been extended to Easter Sunday (5 April). Please send all submissions to bishop-pa@pndiocese.org.nz if you would like to share your thoughts. More information can be found at https://tumanako.pndiocese.org.nz/2025/12/liturgical-posture-in-the-diocese-of-palmerston-north

Chrism Mass | Save the Date: This year's Chrism Mass will be held on Tuesday 31 March, 12:05pm at the Cathedral of the Holy Spirit. Everyone is welcome.

Mission Hub – Ephesians 4: The Five Gifts for Building the Church: Every member of the Church has a role to play in building up the Body of Christ. This March, join us at Mission Hub as we reflect on Ephesians 4 and the five gifts Christ gives His people: Apostle, Prophet, Evangelist, Shepherd, and Teacher. Together, we'll explore how to recognise these gifts in ourselves, how they strengthen the Church, and how we can respond with courage and faith.

🗓️ Monday 9 March
🕖 7:00–8:30pm (NZ time)
💻 Online via Zoom
🙏 Prayer, inspiring content, discussion

Everyone is invited to register here: https://bit.ly/march9webinar

Diocesan Hub – March 7–8 | Register Now: Our first Diocesan Hub gatherings are fast approaching. These diocesan afternoons of prayer, reflection, and conversation are open to all.
In March, we will reflect on Sacrosanctum Concilium, the Second Vatican Council's Constitution on the Sacred Liturgy, exploring how worship forms us as a baptised people sent on mission.
The same gathering will be offered in two locations and everyone from across the diocese are warmly encouraged to attend either location:
Saturday 7 March – Palmerston North **Sunday 8 March – Hastings**
Lunch is provided. Please register to ensure we can cater and prepare well for all attending:
https://forms.office.com/r/si6GpNKWz9 We look forward to gathering as one diocesan community.

NZ Catholic Medical Association Retreat & Seminar: The New Zealand Catholic Medical Association provides community, support and chaplaincy for those involved in health care in Aotearoa. The association welcomes doctors, nurses, midwives, carers, pharmacists, physiotherapists, psychologists, dentists, health administrators, counsellors, social workers, chaplains, lawyers, and anyone in allied roles. The next nationwide event is a retreat and seminar at the St Francis Friary & Retreat Centre, Auckland on March 20 and 21. For more information or to register, visit https://bit.ly/NZCMA2026 or email newzealandcatholicmedical@gmail.com

Lourdes to Lisieux Pilgrimage, 8 – 27 May 2026: Discover the sacred beauty of France on an inspiring 18-day pilgrimage. Visit Lourdes, Lisieux, Paray le Monial, Chartres, Normandy and Paris, and walk in the footsteps of beloved saints including St Thérèse of Lisieux, St Bernadette, St John Vianney, and St Vincent de Paul.
This journey offers daily Mass, expert guides, and the chance to deepen your faith in some of the most grace filled places in the Catholic world. For details and bookings: NZ Free Call: 0800 819 156 or visit
www.harvestjourneys.com/pv2659

OFFICE CLOSED – 23rd – 27th MARCH

I will be on annual leave from the 23rd to the 27th March.
There will be no newsletter that week. If you need anything in the newsletter for that week or for the week ending 2nd April can these, please be emailed to me by 4pm on Wednesday 18th March.

READINGS FOR NEXT WEEK – Fourth Sunday of Lent

Reading I: 1 Sm 16:1b, 6-7, 10-13a

The LORD said to Samuel: "Fill your horn with oil, and be on your way. I am sending you to Jesse of Bethlehem, for I have chosen my king from among his sons."
As Jesse and his sons came to the sacrifice, Samuel looked at Eliab and thought, "Surely the LORD's anointed is here before him." But the LORD said to Samuel: "Do not judge from his appearance or from his lofty stature, because I have rejected him. Not as man sees does God see, because man sees the appearance but the LORD looks into the heart." In the same way Jesse presented seven sons before Samuel, but Samuel said to Jesse, "The LORD has not chosen any one of these." Then Samuel asked Jesse, "Are these all the sons you have?" Jesse replied, "There is still the youngest, who is tending the sheep." Samuel said to Jesse, "Send for him; we will not begin the sacrificial banquet until he arrives here." Jesse sent and had the young man brought to them. He was ruddy, a youth handsome to behold and making a splendid appearance.
The LORD said, "There—anoint him, for this is the one!" Then Samuel, with the horn of oil in hand, anointed David in the presence of his brothers; and from that day on, the spirit of the LORD rushed upon David.

Responsorial Psalm: Ps 23: 1-3a, 3b-4, 5, 6.

The LORD is my shepherd; I shall not want. In verdant pastures he gives me repose;
beside restful waters he leads me; he refreshes my soul.
R. The Lord is my shepherd; there is nothing I shall want.

He guides me in right paths for his name's sake. Even though I walk in the dark valley I fear no evil; for you are at my side. With your rod and your staff that give me courage.
R. The Lord is my shepherd; there is nothing I shall want.

You spread the table before me in the sight of my foes;
you anoint my head with oil; my cup overflows.
R. The Lord is my shepherd; there is nothing I shall want. Only goodness and kindness follow me all the days of my life; and I shall dwell in the house of the LORD for years to come.
R. The Lord is my shepherd; there is nothing I shall want.

Reading II: Eph 5:8-14

Brothers and sisters: You were once darkness, but now you are light in the Lord. Live as children of light, for light produces every kind of goodness and righteousness and truth. Try to learn what is pleasing to the Lord. Take no part in the fruitless works of darkness; rather expose them, for it is shameful even to mention the things done by them in secret; but everything exposed by the light becomes visible, for everything that becomes visible is light. Therefore, it says: "Awake, O sleeper, and arise from the dead, and Christ will give you light."

Gospel: Jn 9:1-41

As Jesus passed by he saw a man blind from birth. He spat on the ground and made clay with the saliva, and smeared the clay on his eyes, and said to him, "Go wash in the Pool of Siloam" — which means Sent —. So he went and washed, and came back able to see.
His neighbors and those who had seen him earlier as a beggar said, "Isn't this the one who used to sit and beg?" Some said, "It is, " but others said, "No, he just looks like him." He said, "I am."
They brought the one who was once blind to the Pharisees. Now Jesus had made clay and opened his eyes on a sabbath. So then the Pharisees also asked him how he was able to see. He said to them, "He put clay on my eyes, and I washed, and now I can see." So some of the Pharisees said, "This man is not from God, because he does not keep the sabbath." But others said, "How can a sinful man do such signs?" And there was a division among them. So they said to the blind man again, "What do you have to say about him, since he opened your eyes?" He said, "He is a prophet."
They answered and said to him, "You were born totally in sin, and are you trying to teach us?" Then they threw him out.
When Jesus heard that they had thrown him out, he found him and said, "Do you believe in the Son of Man?" He answered and said, "Who is he, sir, that I may believe in him?" Jesus said to him, "You have seen him, and the one speaking with you is he." He said, "I do believe, Lord," and he worshiped him.



